

Development reflection

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Development Reflection

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Development is the process by which one changes or growth is created through progressive process, physical change and having social components. Everybody undergoes development in their lives since the time they were conceived till the time they died. Most of the development happen during the childhood and adolescent stages of the growth. This are very crucial as they mold a person to who they become when they are all grown and the kind of people they will be in the society. In my life my development was unique in nature as it has various aspect and context which included my Family, Peers, Culture, Religion, Community Ethnicity and Race, and Social Classes and Socioeconomic Status as well as the School Factors.

In my childhood and adolescent my family was important to me. This is in that in childhood the family helps one to have a good environment which sees to it that they grow well having a feeling of security (Alyssa, 2014). The way parent take control of thing is also great as they are the role model of the children. For me this was so in that my siblings and parent always took care of me as I was the youngest in the family. I felt loved and warmly welcomed. During my adolescent year my brothers were there to see me through and guide me where I seemed to go wrong hence providing support throughout. As I grew in the stages they were by my side.

The peers are another important part of one's development either in childhood and adolescent. This is because they are the people we are in the same age with and have almost the same experiences. In my case as I was going through development I had three friend two boys and one girl. We were in the same school and class. They played and important role in the development in that we shared things and did this together. They influenced by behavior as they say birds of the same feather flock together. This is because peers have a positive impact on one's development (Dale, 2005).

Culture is another aspect which impacts the development of one in their childhood and the adolescent stages. This is in that it influences the behaviors and values that one has (Huang, 2018). When one is growing they get to learn this which their elders have been doing for years. As I was growing I learnt good behavior and adopted culture from my parents and the exposure I got from those who were around me at the time. I got values which I still have even today and they have proven to be useful in my life as I go on with my daily activities.

Religion is important. This is in that it influences the belief of a person in a religious aspect. Religion tends to be different in children and in adolescents as the individual is getting mature (Fritz, 2019). For me, I remember I used to live going to church when I was a kid. When I reached adolescence the religion aspect started to change as I would go not as consistently as I used to. Although my home people used to go to church I was that happy of going as I was before. This was maybe from the way I was feeling and the doubt that adolescents have as it is a confusing stage in one's life. This is because religion is one's choice and they have to make the decision on themselves.

Community Ethnicity and Race is another aspect which has a huge impact or influence in the development of children and adolescents. This is because the community is the people who are around us and the ethnicity. This influences development at childhood and adolescent level in that they strengthen and create a stable sense of self which is across a wide range of dimensions and improves the development period ("Ethnic and Racial Identity Development", 2019). It improves the understanding of the various characters and behavior of others who are different than us. During my development I was exposed to a wide range of ethnicity and races which interacted with in school and in the community where we lived.

Social Classes, Socioeconomic Status, and Education and School Factors are very important and have an impact on the development of some. This is in that the social classes include the rich, the middle class and the poor. . The education is also influence by the social class and in turn determine the development of one in the childhood and adolescence levels. As different social classes have different schools where they receive education the public and the private schools. The development id influenced by this factor by how the kids are brought up and the interaction they have. if a family is rich the child will be brought knowing everything is just a click away while the child from a poor family is able to understand that some this lack at time help the need to prioritize (np, 2019). I was brought up in a middle-class kind of family. I got to learn that some this lack and easy and some are not as I went to a public school.

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